



WARRNAMBOOL & DISTRICT COMMUNITY

HOSPICE

NEWSLETTER

SUMMER 2017

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Committee

Eric Fairbank, President
Rhys Boyle, Vice President
Leanne Dalton, Treasurer
Teresa Treffry, Secretary
Daelene Bourke
Deidre Bidmade
Brian Dillon
Jo McCormack
Stuart Smith
Tracey Togni
Caroline Byrne
Carole MacPherson

Upcoming Events and Meetings

17 January Volunteers Training on Death Literacy by Molly Carlisle (a Much Awaited Event) Get your acceptances in early.
20 February Volunteers Training on Lyndoch Day Centre
21 February Hospice in the Home new Volunteers training Program commences
21 February End of life Training
21 March Volunteers Training on Barwon South West Respite

Donations Update

Our grateful thanks to the following donors for their very welcome contributions in 2017: In Memory to Pam Hurford and Ken Lynch. Warrnambool Bowls Club, Bridal Expo, City Memorial Bowls Club ,M&S Yourn, Lutheran Lay People, K & T Shen, A Radley, J Reilly, Angela Beach, Uniting Church Adult Fellowship, C Barrett ,P & J Prider, N &V Lynch, Rotary Warrnambool East, Warrnambool Lutheran Women's Guild, Thomas O'Toole Foundation, The Hut Café, SW TAFE Community Chest, happy wanderers Relay for Life, Phinc, Warrnambool Buddhist Group, Ern Hartley Foundation, Archie & Hilda Graham Foundation, The AL lane Foundation and South Coast Car Club.

Manager Update

Lu will be away till the 14 January 2018 and if you have any queries in that period see Fred Chatfield.

Volunteers Update

The number of volunteers trained is 61 and we are about to advertise for more home volunteers to be trained commencing 21 February 2017. So if you know of anyone who would like to be involved please get them to contact Lu or Fred.

Fundraising

Annual memberships are due on the 1 November of each year. The cost is \$20 .

Currently the Committee is reviewing the method in notifying members as to when and how to pay as there is a significant number of memberships that have lapsed over the years. If you have any queries in this regard or would like to renew your membership just talk to Lu or Fred.

Eric has been very successful in his recent applications to local Philanthropic Trusts where the financial future of the Hospice is secure for the foreseeable future.

Emma Stenhouse is now on board as our Community Liaison Officer and her first project has been well outlined in the recent story in the Warrnambool Standard. See under Other News.

Donations

Donations are welcome and can be deposited to the following Bank Account:

Bank: Bendigo Bank
BSB: 633000
Account: 144182748





This is Eric Fairbank explaining the meaning of the painting to Lu Butler's grandchildren and where they are represented in the painting. It is a beautifully thought out painting and all visitors should seek out an explanation of the waterholes and the white lines as opposed to the other coloured lines and what area of Australia each panel represents.

This painting was completed in 2017 by 14 aboriginal women from different mobs across the country, but all telling the same story. There are three segments representing northern, central and southern Australia, from north to south, and east to west.

It describes the importance of 'skin' across the country with the elders determining which blood lines can marry each other. (60,000 years before DNA testing!)

The white circles represent women's waterholes joined by the paths that interconnect them.

The bottom right corner is in the beginning, the creation, and from there white lines occur where the elders' rules of marriage have been followed.

However, in places where the rules have been ignored the paths are coloured, and the children of these marriages may be sick.

The artists names are: Daisi Napangarti, Manda, Dolli Napangarti, Judi, Dolly Nappargatti, Lilly, Ruby, Bowingt, Grasey, Shae, Aunti Mini, Aunti Jun, Cody Bindii Napangarti.

The story in their own words is written on the reverse side of the painting.

The painting was donated by the artists to the Warrnambool & District Community Hospice in recognition of help in end of life planning given by Lucia Butler and Eric Fairbank to people in the community, in particular to Cody Bindii Napangarti.

Workplaces given new chance to support Warrnambool and District Community Hospice

<http://www.standard.net.au/story/5073026/hospice-launches-funding-initiative-to-help-it-grow/>

Kate Zwagerman

If there was only one reason to support Warrnambool and District Community Hospice, the story of Faye and Geoff Chenoweth would be it. Mr Chenoweth passed away on Christmas Eve, 2016. Thanks to the tireless efforts of his wife, and help from hospice volunteers, his last wishes to die at home were fulfilled.

Mrs Chenoweth doesn't pretend the experience was easy, but said she unexpectedly found friendship along the way. "I met the most wonderful people, they did become my friends. I think they cared for me. I know they cared for Geoff," she said of the hospice volunteers. "Just having people there... it meant everything to me. "It was a long journey but I think it was worth it in the long run."

The hospice organisation is launching a workplace giving scheme to help expand its hospice in the home model and help more families like the Chenoweths. Hospice in the home provides trained volunteers for extended daytime, evening and overnight support to help those caring for their loved ones who have chosen to die at home.

Warrnambool and District Community Hospice president Eric Fairbank said the organisation, which receives no government funding, had been generously supported by the community and it was hoped the workplace giving scheme would provide an ongoing income. Dr Fairbank said the need for hospice in the home was clear.

"Most people say they want to die at home and most people don't. The figures are about 70 per cent want to die at home and about 15 per cent manage it," he said. "There are various reasons for that, but the thing is a lot of people aren't having their wishes respected. They end up in places they don't want to be and often don't need to be. " He said it was difficult for families to care for their loved ones alone. "There's been lots of studies both here and overseas to show if families don't have support they get worn out. It's exhausting stuff,

around the clock,” he said. “We can go and stay and the difference that has made is over 50 per cent of the people who have been referred to us are now able to die at home.”

Volunteers now also travel to areas beyond Warrnambool and Dr Fairbank said there was demand to expand this further. “We’ve had phone calls from Terang and we know from the palliative care figures that there are a lot of patients in Corangamite that are in need of palliative care and hospice services,” he said. The organisation has also begun Hospice in the Home Assist to check in on people who live alone.

Dr Fairbank said over the next 25 years the number of people dying was expected to double. “In providing this free service we save the community and we save individuals lots of money,” he said. “If we’re able to keep someone at home and save them that, that’s a big benefit to the community.”

Glen Riddle is one of the 60 trained volunteer carers and describes the role as very rewarding. “It’s not difficult, but you do have to be compassionate, a good listener and prepared for whatever may arise,” he said. “Being a hospice volunteer means that you are helping somebody to remain in their own home and not in hospital until their death. I don’t know of any other privilege greater than sharing a person’s last months, days or weeks, or hours. It’s an honour and a privilege.”

Giving scheme makes it easy for businesses to get involved

Warrnambool and District Community Hospice is making it easy for people to get behind its new workplace giving scheme.

Community liaison officer Emma Stenhouse said the initiative would give businesses and employees the chance to support hospice in a simple but effective way. “Workplace giving is done before tax so it’s beneficial financially,” she said. “Using the ‘Give Now’ platform that hospice has decided to use, donations are set up as per your wishes and completely fuss free. “As the community liaison officer, I will come to you, walk you through the process, provide you with all the information you require to not only commence workplace giving within your business, but also provide you with regular updates on what your financial support is allowing hospice to do within our community.”

Hospice president Eric Fairbank said it was hoped the scheme would help the service expand.

For more information or to get involved contact community liaison officer Emma Stenhouse on 0418 164 202 or Warrnambool and District Community Hospice on 5563 3220.